



*New Zealand has one of the worst youth suicide rates in the OECD – on average 20 young people are admitted to hospital each week as a result of self-harm.
(Chief Coroner 2019)*



A word from our CEO

Kia Ora Koutou,

In our complex and changing society, the mental health and wellbeing of our children shapes their success in life. Young people face an increasing number of issues which can seriously impact their wellbeing.

The importance of Life Education is as relevant today as it was 31 years ago when our founder Trevor Grice bought the programme over from Australia.



I would like to thank all the schools that have taken part in this year's programme with us. We hope to see many of you in 2020 and 2021.

With that in mind and with the government's changes on the funding opportunities available to decile schools 1-7 for students (\$150) it could be a good opportunity to discuss your Life Education visit with us.

Nga Mihi

Lincoln

CEO Life Education Counties Manukau

Booking your school for 2020/2021 with Life Education Trust Counties Manukau

Our Trust works across eight local boards, Franklin, Howick, Mangere-Otahuhu, Manurewa, Maungakiekie-Tamaki, Otara-Papatoetoe, Papakura and Puketapapa. Our five highly skilled educators work across the region to ensure that the programme meets the needs of our schools.

We have some booking availability for 2020 and 2021. If you would like to learn more about the programme please email us at lincoln.jefferson@lifeed.org.nz

Resource Portal for Teachers

If you are a teacher and want to search for further resources to support your students, you can access these through our resource portal

www.lifeeducation.org.nz/resources

The filter function allows you to search for content that is appropriate at each level across different strands.

The Great Brain Robbery Website

**WELCOME TO
THE GREAT BRAIN
ROBBERY!**

**KNOW YOUR STUFF WHEN IT COMES TO
YOUR BRAIN AND SUBSTANCES**

[The Great Brain Robbery \(GBR\) website](http://gbr.org.nz) has been specifically designed for teens to access information about the brain and substances. It covers facts about the developing brain, strategies for managing relationships and provides information about a variety of drugs > gbr.org.nz

Manukau Toyota Group Standing Tall with Life Education Counties Manukau

Life Education Counties Manukau is delighted to announce a partnership with [Manukau Toyota Group](#).

Life Education Counties Manukau CEO, Lincoln Jefferson says it is fantastic to have such a household name on board.

“We are looking forward to working with the Manukau Toyota Group team and getting them involved in some of our key fundraising events throughout the year.”

Manukau Toyota Group have already supported the Life Education Counties Manukau team at The Great Auckland Duck Race and at their Annual Charity Golf Day.

Lincoln says it is crucial that local businesses get involved and be part of ensuring that the young people in the communities they are part of are supported, educated and empowered.

Manukau Toyota Group CEO, Darren Smart, wholeheartedly agrees.

“Life Education’s vision of enabling children to reach their full potential is one that has resonated with all staff.

We believe that, across the board, a better tomorrow starts today, and if we can take some small part in making this belief ring true for the young people and their families in our communities then it's a good day!"

The official launch took place at Puhinui School in Papatoetoe. Both Life Education Counties Manukau and Manukau Toyota Group would like to thank Principal Mark Elder, his students and teaching staff for ensuring the day was a great success.



MANUKAU TOYOTA GROUP

All together better

The Great Auckland Duck Race



Everyone went quackers for [The Great Auckland Duck Race](#) which was proudly sponsored by [DUCK](#), made by [SC Johnson](#).

Over 2,000 people enjoyed a free family event which included fun games, live music, food and of course duck races!

The event was a partnership with [Rotary Club of Manurewa-Takanini](#) and [Rotary Club Papatoetoe Central](#). Life Education Counties Manukau was the proud beneficiary of the event.

Volunteers on the day came from [The Rising Foundation](#), [Herbalife Nutrition](#) and [SC Johnson](#) and both wonderful Rotary clubs.

SC Johnson generously handed out samples of DUCK product throughout the day which was very popular!

Our vehicle sponsors Manukau Toyota Group provided us with a Toyota Prius C with the public having to guess how many ducks fitted into the boot. The answer? 421!

Thank you to Manukau Beautification Charitable Trust for doing an amazing job face painting and lending the event gazebos, tables and chairs. Special mention to Rachel Faulkner for her amazing work on bringing the event together. You are a star!

Results:

Schools Race

1. Ellerslie School
2. Ararimu School
3. Clendon Park School

Business Race

1. What Now
2. Arnet Law
3. Westpac Manukau

Do you want be a part of The Great Auckland Duck Race next year?

Please contact us at lincoln.jefferson@lifeed.org.nz . Whether it's as a sponsor, a volunteer, a business or school duck entry we would welcome your correspondence!



Mental Health Forum

Our Educator Ben was a panel member in a [forum](#) The Warehouse Group created as part of their focus on mental health across their nationwide team.

[Click here to see the video on what Ben had to say on mental health](#)



Harold Joke

What kind of shoes do ninjas wear?

Sneakers!

Information on Smoking and Vaping

Vaping

The Ministry of Health has published a [statement](#) that reiterates its advice about vaping and mentions that “The Government is working to put legislation in place as quickly as possible to ensure vaping products are accessible to those who need them while protecting children and young people. A Bill to amend the Smoke-free Environments Act is expected to come before Parliament by the end of the year.”

Smoking

HPA has produced a [report](#) from a study on ‘disparities related to the age of smoking initiation and transition into daily smoking in NZ’

KEY FINDINGS from this report

In 2018, the mean ages of smoking initiation and daily uptake were 15.3 years and 17.6 years respectively.

Māori (14.1 years) and current smokers (14.8 years) were more likely to start smoking at a younger age.

Males (15.3 years) were more likely to start smoking at a younger age when compared to females (16.1 years).

Māori (16.7 years) were more likely to take up daily smoking at a younger age.

Pasifika and Asian people were less likely to initiate first and daily smoking at a younger age.

The mean transition duration from smoking initiation to daily uptake was 2.5 years for all smokers, although only 1.4 years for Asian people.

Overall, there has been no significant increase in the mean age of smoking initiation between 2012 and 2018, and there has been no significant increase in mean age of uptake of daily smoking between 2010 and 2018.

In 2018, Pasifika people were more likely to start smoking and take up daily smoking at a later age when compared to Pasifika people in 2012 and 2010 respectively.



LIFE EDUCATION TRUST NZ

Inspired Learning. Inspiring Lives.

Trillian Trust Wheelchair Lift



Thanks to the generous grant by Trillian Trust we have been able to purchase a wheelchair lift to ensure every child is able to visit our Life Education Classroom. Mt Roskill Intermediate and BLENNZ were the two first schools to trial the lift which was built by Vestner.



William Pike Challenge



The William Pike Challenge is an exciting youth development programme for tamariki and with excellent links to your Life Education programme.

It's all about creating challenging opportunities for young people to step outside of their comfort zone, develop vital 21st-century skills and experience the extraordinary. Founder and Kiwi explorer, William Pike, believes that "to experience the extraordinary you must be able to step outside of your comfort zone." We all want and need a future where our young tamariki experience extraordinary things, set them up for this with the William Pike Challenge.

Find out more: <https://www.williampikechallenge.co.nz/>

Funfest 2020 Volunteers needed!

Are you over 16 and can spare some time to volunteer in January 2020 to support Life Education and Funfest?



Follow the link below and check out the great roles available! [Click here](#) for the volunteer form.

OUR SPONSORS



Contact Us

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