

# Life Education Trust Counties Manukau

## Term 1 2017



Welcome to our first newsletter of 2017. We have a full & exciting year ahead of us & look forward to sharing information that will benefit your students & school community. Last year we visited over 43,000 students in 131 schools & we look forward to seeing faces old & new throughout 2017.

### We have moved!

Our office has moved to The Momentum Hub situated in the grounds of Vector Wero Whitewater Park, 770 Gt South Rd, Manukau. We are a part of a collaboration of six like-minded charities, who have all been given fully sponsored offices thanks to a generous grant from the Joyce Fisher Charitable Trust. This allows us to direct our energy & funding into the projects we are so passionate about. If you would like to come & see us for a tour & a chat, we would love to see you.



### EMPOWER –

#### Turning Knowledge Into Action

Empower is a new, collaborative programme designed & delivered by Life Education & Garden to Table. Empower is designed to assist with a whole school approach to food & nutrition education & preparation. As part of Empower your Life Education visit will focus on Food and Nutrition (this could be with some syndicates/age groups) & the programme will flow through to initiating the Garden to Table programme in your school. If you would like to know more about Empower please visit: [www.empowerkids.org.nz](http://www.empowerkids.org.nz)



### Cyber Safety & Our Children

The number of schools asking for Life Education's specialised lessons about cyber-bullying increased rapidly last year. Our educators provide expert guidance for students, teachers & parents. Through the educators continually updating their knowledge and & age-related resources, they ensure the best lessons are delivered & solutions shared. Please contact Michelle for further details.



### Positive Puberty

Our 'Positive Puberty' sessions develop in young people an understanding of the changes at puberty, a positive attitude to themselves, a sense of wellbeing through adequate body care & a confidence in their relationships so that they treat others with sensitivity & consideration.



## Professional development for teachers available

Through our new partnership with the Dove Self Esteem Project (DSEP) our educators are able to offer & run professional development sessions in your school. Teachers will gain additional skills on how to tackle tough topics such as bullying, student's poor body image as well as how to build their student's self-esteem & confidence. DSEP are currently in the process of establishing a NZ site but here is a link to the Australian site:

<http://selfesteem.mydove.com.au>

## Come to our ADVANCED SCREENING of 'Cars 3'!

Join us on Sunday June 18<sup>th</sup> at 10.30am at Hoyts Botany Downs to watch Lightning McQueen & his pals in their new adventure. Tickets are \$20 each & include a lunchbox full of goodies. Be in to win great merchandise from the movie too with spot prizes! Contact Sarah at [sarah.nuttall@lifeed.org.nz](mailto:sarah.nuttall@lifeed.org.nz) for ticket details



### If you would like to book a visit or get in touch, please contact:

Michelle Kidd – General Manager  
0274 749998  
[michelle.kidd@lifeed.org.nz](mailto:michelle.kidd@lifeed.org.nz)



**Life Education Counties Manukau and Ponsonby Eden Roskill**

## Introducing our Marketing & School Liaison Officer



Hi! I'm Juliet, the Marketing & School Liaison Officer for Life Education in your area. I'm available to speak with you about the changes we have made in the delivery of our health messages to align with the unique learning needs and environment of your school.

I can also advise your staff about the changes that have been made inside our mobile classrooms which are part of a technical excellence programme that cements us as a leading education provider in N.Z.

I am an educator who has worked in school classrooms & with Harold. I also have experience in the corporate sector so I understand the challenges we all face in this busy, evolving environment.

I look forward to bringing Harold and one of our amazing educators to your school so your tamariki can benefit from regular Life Education classes.

Juliet Herlihy

*Grad. Dip. Teaching, B.Commerce, B. Phys.Ed*  
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### A huge thank you to:



From Term 2 Riordan & West are voluntarily moving our mobile classroom between schools in Franklin.

Also a big thank you to Fariz at GBC Computer Solutions in Manukau for donating a laptop.

### How 'Corporate Challenge' make Counties Manukau students smile

Recently more than 60 staff from 2degrees took part in 'Bikes For Tykes' challenge delivered by Corporate Challenge Events (CCE), where they built nine children's bikes. Unbeknown to them, the bikes were about to be donated to students from STAND, a charity that provides specialist home and school social services to children aged 5 to 12, who arrived at the end of the challenge. Sue Jackson, a retail store manager for 2degrees shared "It's great to know that we are helping someone or a particular charity, but when you actually see it in person, & see the faces & the gratitude on those faces, that can't be beaten."

Life Education is thrilled to have been able to facilitate this exchange between CCE & many schools since 2015.

Thanks & acknowledgement to our Principal Sponsor



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